

7.1 Institutional Values and Social Responsibilities

7.1.1 - Measures initiated by the Institution for the promotion of gender equity during the year

The Institution believes in gender equality and makes effort towards gender sensitization. The institution believes that gender equality is crucial for fostering a fair and inclusive society by promoting respect, challenging stereotypes, building inclusive communities, and preventing discrimination.

Annual Gender Sensitization Action Plan

Goal: The institution has chalked out gender sensitization action plan in the beginning of the session. The aim of the plan is to develop gender sensitive society and build agreement between individuals to work towards common goal, opportunities and responsibilities shared by women and men in equal measure.

Planning: Committee of **Centre for Women's Studies, NSS, NCC and various other departments** headed by the convenor of the committee and the committee members generates awareness programs through students interaction, guest lectures, seminars, symposium, employment opportunities, field based activities to inculcate the sense to break the gender based bias among students.

Objectives

- To establish gender balance in decision-making processes in all round development of the working of the college
- To suggest measures for bridging the gender gap.
- To implement the human values regarding the third gender.
- To inculcate the awareness among the students about the equality of the gender.
- To provide women specific facilities to women students inside the campus

Annual Gender Sensitization Action Plan (2023-24)

S.No.	Strategic Goal	Target Participants	Action Plan	Month
1.	Gender Sensitization	Students	Impotence of Mental Health Among Students	November 2023
2.	Women Voters Awareness Programme	Students and Locals	Nukkad Naatak and Interaction with Locals	January 2024
3.	International Women's Day	Students	Fitness Run in Collaboration With NYK	March 2024
4.	Yoga in Harmony	Students and Teachers	Yoga Session for Girls in Collaboration With AYUSH	June 2024
5.	Gender Sensitization	Students and Teachers	Yoga Session for Students and Staff Members	June 2024

Activities conducted in support of gender equity and sensitization

1. **Awareness Campaigns and Programs:** The college regularly organizes awareness campaigns on various important issues concerning gender equality, including discussions on women's rights, gender-based violence, and empowerment. These campaigns aim to educate both male and female students, faculty, and staff, fostering a respectful and supportive environment for everyone. Informative posters, social media campaigns, and interactive sessions are part of these efforts to create a more informed and sensitive campus culture.
2. **Supportive Infrastructure:** The college provides gender-sensitive infrastructure, such as well-maintained and secure restrooms, separate hostels for female students, and adequate lighting and surveillance around the campus to ensure the safety and comfort of female students. Additionally, there are designated staff members to ensure the smooth functioning of these facilities and to address any concerns or issues that arise.
3. **Anti-Sexual Harassment Policies:** The college has a strict anti-sexual harassment policy, ensuring that all students, especially female students, feel safe and supported. A gender-neutral complaint cell is available for

reporting any incidents of harassment, and students are assured that their concerns will be taken seriously and addressed promptly.

4. **Mentorship and Empowerment:** The institution encourages mentorship programs where female students are paired with senior mentors, both male and female, to guide them in their academic and personal growth. Empowerment programs are also organized, focusing on leadership skills, self-defence training, and career-building workshops to help female students gain confidence and break through societal barriers.
5. **Scholarships and Financial Assistance:** To encourage the enrolment and retention of female students, the institution offers various scholarships and financial assistance programs specifically targeting female students. This is aimed at reducing any economic barriers that may hinder their education and promoting gender equality in academia.

Through these various initiatives, the college strives to create a conducive environment for the holistic development of female students, ensuring that they have equal opportunities to succeed and thrive.



Yoga session for Women well-being. To celebrate Yoga Mahotsav 2024 and to create awareness about the holistic nature of Yoga and encourage students to incorporate it into their daily lives for enhanced well-being, a Yoga session was conducted on the theme 'Yoga is harmony' by NSS unit of Govt degree College Ramnagar. Around 50 NSS volunteers performed various yoga asanas and pranayama mudras to stay calm, happy and for concentration and focus.



Session with AYUSH. To celebrate Yoga Mahotsav 2024 a mega Yoga event was organized by women Development Cell, Govt Degree College Ramnagar in collaboration with Health and Medical Department of AYUSH, Udhampur activities to involve students in Yoga Practices and healthy wellbeing.



Women Fitness Run. In lieu of International Women Day 2024, NSS unit of GDC Ramnagar in collaboration with Nehru Yuva Kendra Udhampur organizes Nari Shakti Fitness Run on 09-03-24. Around 25 female NSS volunteers participated in the Fitness run competition. The run started from Passenger Shed of Thaplal to Grund area of GDC Ramnagar campus. Mary of semester VI secured first position, Priya Sharma and Shivali Sharma of semester IV stood second and third respectively. Winners were awarded with medals, T-shirts and Caps.



Demonstration about health and hygiene in Girls' common room

Specific Facilities provided for women in terms of:

- Safety and Security
- Counselling
- Girls Common Room

Safety and Security at GDC Ramnagar

Ensuring a Safe Learning Environment: GDC Ramnagar fosters a secure and conducive environment for learning by implementing comprehensive safety measures across its infrastructure and resources. The college maintains the safety and well-being of students, faculty, and staff through proactive policies and close monitoring.

Measures Taken:

- Security personnel are stationed at entrance gates, and visitor access is restricted, with a sign-in/sign-out process in place.
- A **Discipline Committee** addresses safety and discipline issues, monitors designated blocks, regulates mobile phone use, and enforces uniform policies. Students are not permitted to leave the campus during college hours.
- The **Student Welfare Committee** ensures a student-centric environment, offering counseling, addressing grievances, and promoting personal development.
- **Anti-Ragging and Anti-Sexual Harassment Committees** monitor and prevent violence, ragging, and harassment. Clear policies and banners deter misconduct, and strict actions are taken against violators.

- CCTV cameras cover vulnerable areas, and fire safety equipment is installed in laboratories, the kitchen, and other critical locations.
- For off-campus activities, female teachers accompany students, and police assistance is arranged for added security.

Counseling Services:

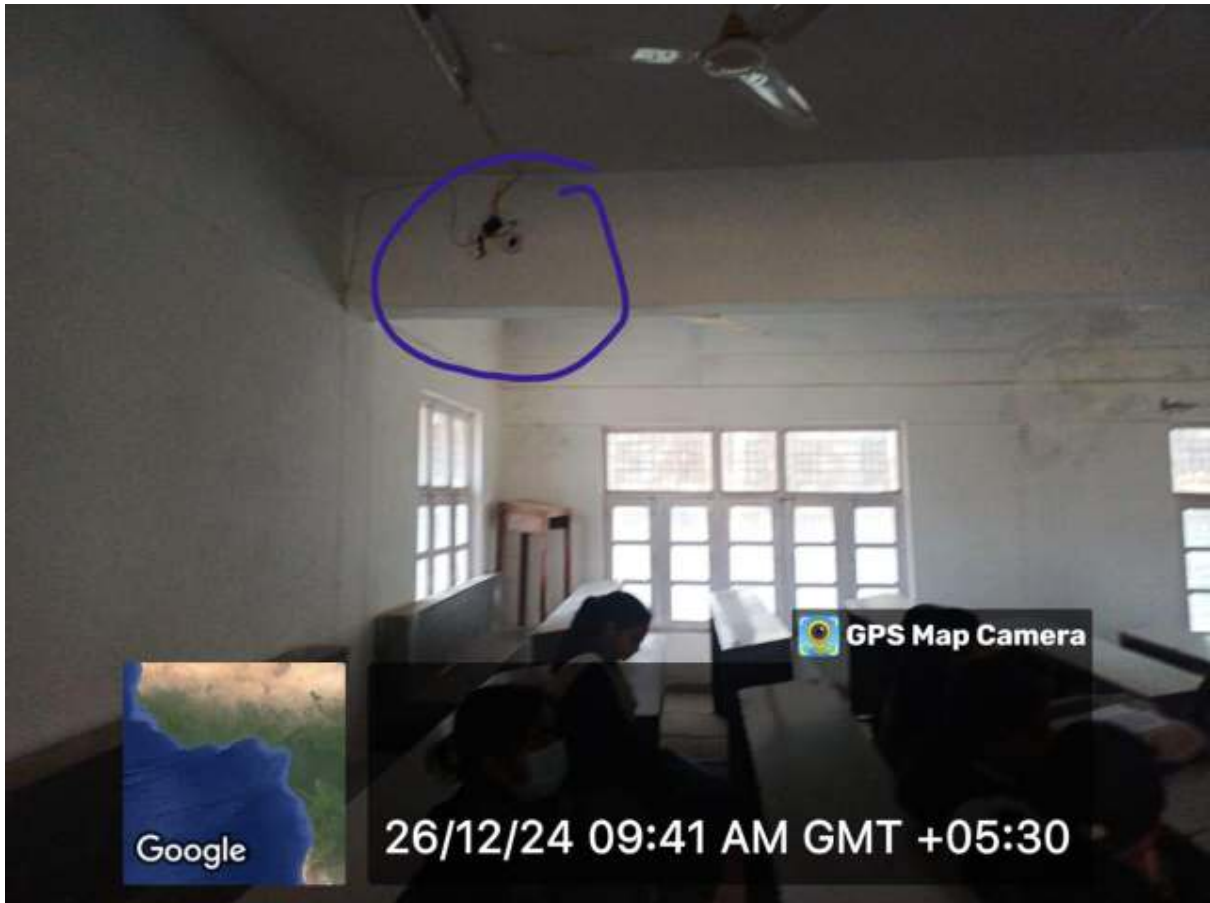
Psychological and Career Counseling, and other committees—encourages timely reporting of concerns. Counseling enhances academic, vocational, and mental well-being, ensuring equitable and confidential resolution of complaints. The **Career Counseling, Training, and Placement Cell** organizes events and maintains placement records, guiding students toward suitable career opportunities.

Common Room Facilities:

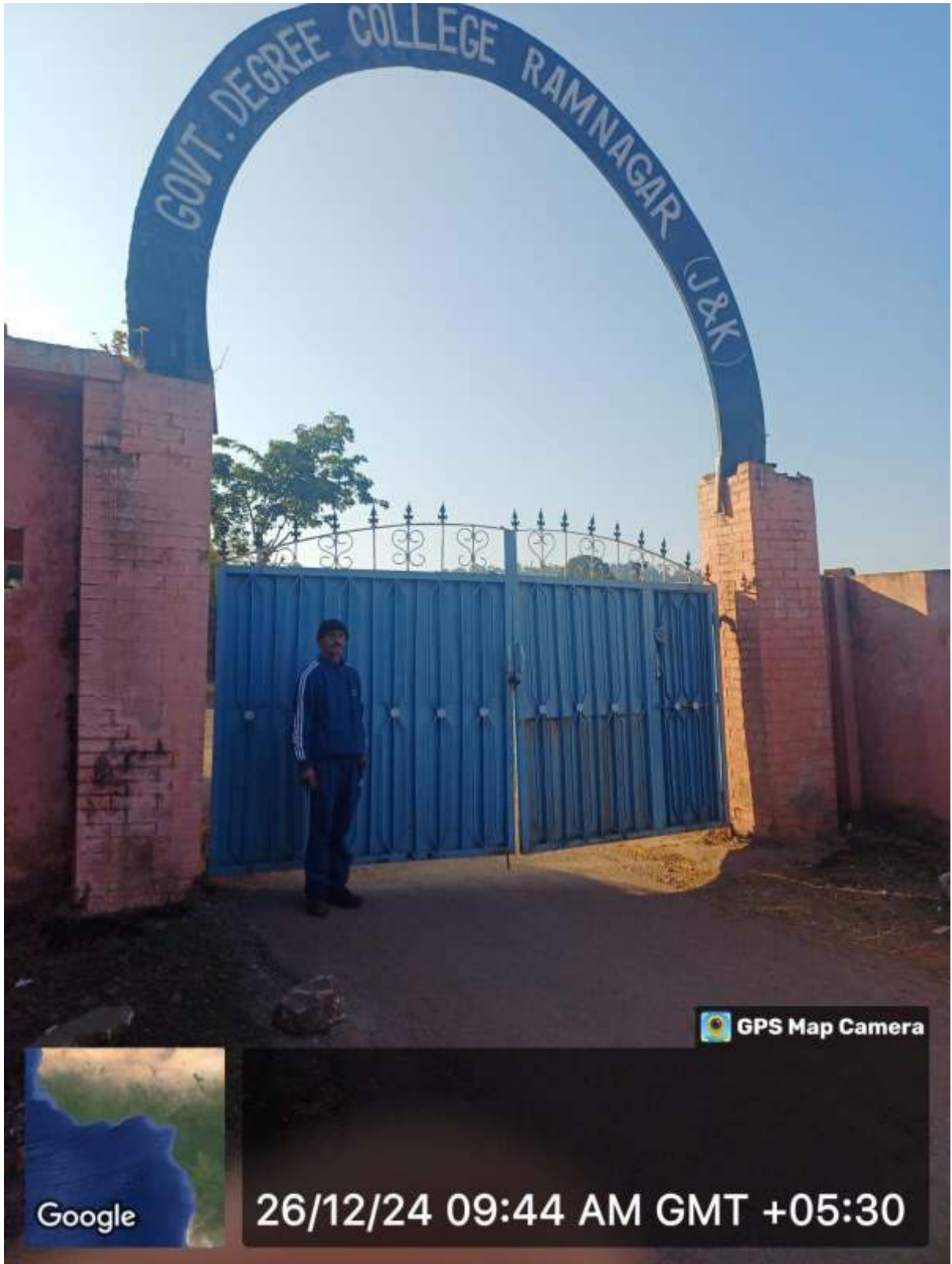
The college provides a well-equipped common room for students to utilize during free periods. Amenities include newspapers, magazines, books, internet access, lockers, furniture, and first-aid facilities, ensuring comfort and utility. A new spacious girls common room is under construction and will be available for female students in next 6 months.

Safety and Security of students:





Installation of web cameras in classrooms and corridors for safety and security of students



Restricted entry of outsiders and automobiles



Women Development and Counselling cell



New building for Girl's common room (under construction)



An Initiative of Govt. Degree College Ramnagar

Say
No
to
Ragging

Let's join hands to eradicate
RAGGING



S. No.	Name	Designation	Mobile	Email
01.	Prof. Ashni Devi	Associate Professor	9419214675	ashni39@gmail.com
02.	Dr. Pankaj Sharma	Senior Assistant Professor	9419185511	pankaj2sarswat@gmail.com
03.	Prof. Manmohan Singh	Assistant Professor	8825025302	manmohan1934@gmail.com
04.	Dr. Sham Singh	Assistant Professor	7889963630	sham Jammu1@gmail.com
05.	Prof. Ritika Mahajan	Assistant Professor	9419984982	ritikamahajanchem1983@gmail.com
06.	Dr. Puyesh Kant Sharma	Assistant Professor	9971178275	shramapkant@gmail.com
07.	Dr. Dinesh Kumar PTI	PTI	8437137598	dineshjammu.pandit8@gmail.com

UGC Anti-ragging Helpline : 1800 180 5522 (24x7 toll free) Email : helpline@antiragging.in

100 Ans 8000000

An Initiative of Govt. Degree College Ramnagar



SAY NO TO RAGGING



YES TO JOYFUL CAMPUS

What is Ragging?

Any Act Resulting in:

- Mental/physical/sexual Abuse
- Verbal Abuse
- Indecent Behaviour
- Criminal Intimidation/wrongful Restraint
- Undermining Human Dignity
- Financial Exploitation/extortion
- Use Of Force

A STUDENT INVOLVED IN RAGGING CAN BE:

- Cancellation of admission.
- Suspension from attending classes.
- Withholding/withdrawing Scholarship/Fellowship and other benefits.
- Debarring from appearing in any test/ examination or other evaluation process.
- Withholding results.
- Debarring from representing the institution in any regional, national or international meet, tournament or youth festival etc.
- Collective punishment : when the persons committing or abetting the crime of ragging are not identified the institution shall resort to collective punishment as a deterrent to ensure community pressure on potential ragger.



Anti-Ragging banners installed at various places in college campus